

County of San Bernardino

Department of Behavioral Health

DBH GOOD NEWS

August 1, 2006

Editor:

Dave Miller

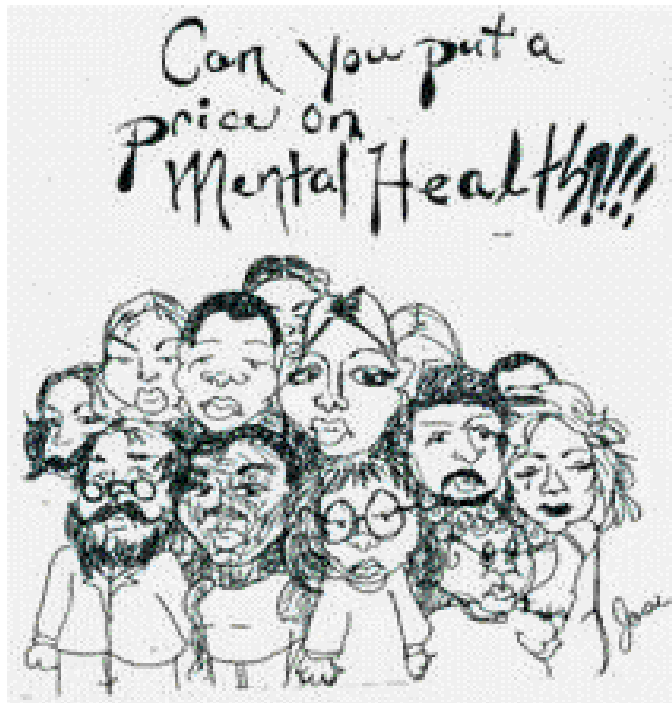
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C/o Upland Community
Counseling
934 N. Mountain Ave.
Suite C
Upland, CA 91786

Artist: Jeffrey Jose of Team House



Newsletter transitions from County staff to Consumer Editor

I have really enjoyed being the Editor of the DBH Good News. I am so pleased that Dave Miller has agreed to take on the tasks of editing the newsletter. Dave has been a consumer with San Bernardino County Department of Behavioral Health for a number of years. He has been involved in many programs that have helped him in his own recovery and has been an active consumer advocate for many years. I am still available through the Access Unit at 1-888-743-1478 if you want to contact me. I feel this is a very important step for the Wellness and Recovery Committee to take over the role of Editor for the Consumer Newsletter. Best of luck and I hope the newsletter will continue for years to come.

Faye E. Herrmann, LMFT
888-743-1478
Access Unit

Proposition 46 a \$2.1 Billion Housing Bond is Offering New Hope for Housing

The California Department of Housing and Community Development and the Business, Transportation and Housing Agency joined to announce that over \$210.7 million in Proposition 46 funds will be made available to help 11,297 families or individuals. The Inland Empire will receive more than \$23.7 million to provide housing to 886 families and individuals in the Inland Empire. Part of the bond money, \$40 million goes to the Initiative to End Chronic Homelessness that will assist homeless individuals and families transition to permanent, stable housing and lives. Many mental health consumers are concerned with housing and how to find affordable housing for them proposition 46 is a real step toward answering some of these concerns: To find more about this issue Google "HCD AND California". The web site offers a number of ways to contact HCD and find more about this important issue.

National Alliance for the Mentally Ill Holds Yearly State Conference

Every year the National Alliance for the Mentally Ill holds its state conference either in the northern part of California or the Southland. This year it San Francisco Airport Marriott, the conference will last from August 25th to the 26th. This year the conference is "California Leads the Way: Mental Health Services Act Brings Hope". There are a number of consumer scholarships to be awarded and interested consumers can call 916-567-0163. The Department of Behavioral Health also hopes to send a number of consumers if funding is forthcoming, to the timely event. For our Spanish speaking members there will be sessions in Spanish. There is also a Consumer Forum where there will be much discussion and planning around consumer and NAMI issues. Another perk for the consumer is the Consumer Room that offers snacks and drinks throughout the day and is a great place to network and socialize. Attending these conferences one begins to feel some of the unity behind the mental health movement. There are sessions of such variety that everyone will find something of interest. To download an application Google "NAMI AND California" and search the home page.

The Village of Long Beach: A State of the Art Recovery Center

The Village of the Mental Health Association of Los Angeles is a unique and dynamic program that has many innovative approaches to treatment. The following are some of the treatment principles and program descriptions: The Village establishes collaborative, adult-to-adult interactions between members and staff. Members are equal partners in determining the services that they receive. Staffs are coaches rather than therapists. The Village empowers members by encouraging them to try new things and not be afraid to fail. The Village also provides members with opportunities for paid employment in a variety of settings. Each service plan incorporates self-help, peer support, family support and community involvement. Their mission is to empower adults with psychiatric disabilities to live, learn, socialize and work in the community. The Village has quite a track record and has been around for some time. To learn more about this dynamic place go to their web site at www.mhala.org or e-mail questions to village1@pacbell.net.

DEPARTMENT OF BEHAVIORAL HEALTH OUTPATIENT AND WALK-IN CLINICS BY REGION**EAST VALLEY REGION****DBH CLINICS**

East Valley Resource Center
Children's Services
820 E. Gilbert Street
San Bernardino, CA 92415
Phone: (909) 387-7200
TDD: (909) 387-0554
Fax: (909) 387-7717
Walk-In: Mon – Wed 8am-2pm

Phoenix Outpatient Services
700 East Gilbert Street Bldg. 4
San Bernardino, CA 92415
Phone: (909) 387-7000
TDD: (909) 387-7788
Fax: (909) 387-7206
Walk-In: Mon.-Fri. 8am-4pm

Adult Community Services-
Homeless Program
237 W. Mill Street
San Bernardino, CA 92408
Phone: (909) 388-4133
Fax: (909) 388-4190

CONTRACT AGENCIES

Redlands Guidance Center
Outpatient & Substance Abuse
Services
1323 W. Colton Ave., Ste. 100,
Redlands, CA 92374
Clinic: (909) 792-0747
Fax: (909) 792-1057

Valley Guidance Center
34234 Yucaipa Blvd., Ste. C
Yucaipa, CA 92399
Phone: (909) 790-0210
Fax: (909) 797-9657

Highland Guidance Center
3694 E. Highland Avenue
Suites 19 & 24
Highland, CA 92346
Phone: (909) 425-9316
Fax: (909) 425-9327

San Bernardino Sexual Assault
444 N. Arrowhead Ave., #101-104
San Bernardino, CA 92410
Phone: (909) 885-8884
Fax: (909) 383-8478

CENTRAL VALLEY REGION**DHH CLINICS ONLY**

Mesa Counseling Walk-In Triage
BHRC – Rialto
850 E. Foothill Blvd.,
Rialto, CA 92376
Clinic: (909) 421-9200
Walk-In: (909) 421-9358
TDD: (909) 421-9476
Fax: (909) 421-9219
Walk-In Mon.-Fri., 8am-10:00pm

Portals & Adult Residential
Services – BHRC Rialto
Phone: (909) 421-9495
Fax: (909) 421-9494

Alcohol & Drug Services (ADS)
BHRC Rialto
Phone: (909) 421-9465
Fax: (909) 421-9466

Perinatal Substance Abuse
BHRC Rialto
Phone: (909) 421-9206
Fax: (909) 421-9457

Nueva Vida
Youth & Family Services
290 N. 10th Street, Ste 102,
Colton, CA 92325
Phone: (909) 825-6188
Fax: (909) 872-0652

Vista Community Counseling
17216 Slover Ave, Bldg. L
Fontana , CA 92337
Phone: (909)854-3420
TDD: (909) 854-3421
Fax: (909) 873-4461
Walk-In: Mon-Fri 9am-2pm

Agewise – BHRC Rialto
Phone: (909) 421-9470
Fax: (909) 421-9394

WEST VALLEY REGION**DBH CLINICS**

Upland Community Counseling
934 N. Mountain Ave., Ste. C
Upland, CA 91786
Phone: (909) 579-8100
Fax: (909) 579-8149
Walk In Hours: Mon –Fri. 9am- 2pm

Chino Multiple Diagnosis Clinic
ADS/Perinatal Substance Abuse
6180 Riverside Dr., Ste. H
Chino, CA 91710
Phone: (909) 590-5355
Fax: (909) 590-5333

WESELPA
1800 E. Seventh Street
Ontario, CA 91764
Phone: (909) 608-0487
Fax: (909) 949-9841

CONTRACT AGENCIES

Pacific Clinics CFS -Ontario
377 N. Vineyard Ave. #320
Ontario, CA 91764
Phone: (909) 605-0514
Fax: (909) 605-9571

West End Family Counseling Service
855 N. Euclid Ave. Suite 3
Ontario, CA 91762
Phone: (909) 983-2020
Fax: (909) 983-6847

Project Sister Sexual Assault Services
363 S. Park Ave.
Pomona, CA 91766
Phone: (909) 623-1619
24-Hour Hotline: (909) 626-4357

DESERT/MOUNTAIN REGION**DBH CLINICS**

Victor Valley Behavioral Health
12625 Hesperia Road
Victorville, CA 92395
Phone: (760) 955-1777
TDD: (760) 955-7458
Fax: (760) 955-2356
Walk-In: Mon.-Fri., 8am-2pm

Barstow Counseling Center
805 E. Mt. View
Barstow, CA 92311
Phone: (760) 256-5026
Fax: (760) 256-5092

Needles Behavioral Health
1300 E. Bailey Ave.
Needles, CA 92363
Phone: (760) 326-9313
Fax: (760) 326-9259

Lucerne Valley Behavioral Health
32700 Old Woman Springs Rd., Ste. C
Lucerne Valley, CA 92356
Phone: (760) 248-6612
Fax: (760) 248-3389

Hesperia Clinic
14628 Main Street
Hesperia, CA 92345
Phone: (760) 244-0576
Fax: (760) 948-8244

Trona Counseling Center
13209 Market St.
Trona, CA 93562
Phone: (760) 372-5081
Fax: (760) 372-5089

Victor Valley Behavioral Center/ADS
12625 Hesperia Road
Victorville, CA 92392
Phone: (760) 955-1777
Fax: (760) 955-2356

Victor Valley Perinatal
Substance Abuse Services
11951 Hesperia Road
Hesperia, CA 92345
Phone: (760) 956-6780

CONTRACT AGENCIES

Morongo Basin Counseling
& Recovery
55475 Santa Fe Trail
Yucca Valley, CA 92284
Phone: (760) 365-3022
Fax: (760) 365-3513

Lutheran Social Services
41945 Big Bear Blvd. #200
Big Bear Lake, CA 92315
Phone: (909) 866-5070
Fax: (909) 878-3228

Vista Guidance Center
309 E. Mt. View Suite 100
Barstow, CA 92311
Phone: (760) 256-0376
Fax: (760) 256-0377

Vista Guidance Center
15447 Anacapa Road Suite 200
Victorville, CA 92392
Phone: (760) 245-9446
Fax: (760) 951-8986

Pacific Clinics West Yucca
Valley CFS
55887 Yucca Trail
Yucca Valley, CA 92284
Phone: (760) 228-0026
Fax: (760) 365-7027
Toll Free: (866) 228-0026

Pacific Clinics East Yucca
Valley CFS
58967 Business Center Dr. Suite H
Yucca Valley, CA 92284
Phone: (760) 2289657
Fax: (760) 369-6758
Toll Free: (866) 696-3464

News and Updates from the County

Greetings from, Bob Sudol, Chair of the Wellness/Recovery Committee and David Miller, Recorder for the Committee and Newsletter Editor:

These are exciting times with MHSA and the new focus on the Recovery Model. Our newly formed committee has had 2 meetings to date and had fantastic participation from consumers in every region and program of San Bernardino. Many important issues were discussed, but the main point is consumers have excellent ideas on how to make the system work better for them, the consumers. This hastily pieced together newsletter is the first edition of the consumers publishing, editing and presenting the DBH Good News for the Department and the public. It will get better with the help of all the consumers and programs sending David information (davidmiller8590@charter.net) about all your concerns and successes with the Recovery Model focus. Call me at 388-4133 with any news, good or bad, so this newsletter can be a networking tool to promote recovery and assist people to lead more satisfying lives in the community. David and I will soon be out to see you all as the Committee rotates through all the regions. The next meeting will be held at Victorville Clinic, 9/14/06, 11-2 PM.

News from Team House

"TEAM House continues to provide much needed services to our clients along with free lunches for forty to sixty consumers on a daily basis. The various work units, with members helping members, makes things happen! Members have also been involved with the California Network of Mental Health Clients state organization. A representative group attended the annual regional meeting in Riverside where they learned about the progress being made throughout the state with the Mental Health Services Act. A training conducted by CNMHC was held a team house where consumers learned how to be more effective in advocating for themselves in dealing with mental health issues. Also Consumers have been receiving assistance from staff at team house in completing their applications for renter assistance housing and housing assistance is many time a key consumer issue. A special outing for fifteen members was recently conducted. They received a guided tour of the Riverside Mission Inn, followed with lunch at beautiful Fairmount Park. Team house provides a cool place to be during the hot summer. More special activities are planned for the days ahead.

CLIENT CLUBHOUSES

- *Team House, 201 W. Mill Street, San Bernardino, CA 92408, (909) 386-5000*
- *Our Place, 293 Tennessee Street, Redlands, CA 92373, (909) 307-8337*
- *Santa Fe Social Club, 56020 Santa Fe Trail, Suite M, Yucca Valley, CA 92284, (760) 369-4057*
- *Central Valley Fun Clubhouse, 1501 Riverside Avenue, Rialto, CA 92376, (909) 877-4889*
- *Amazing Place, The Upland Social Club, 934 North Mountain Ave, Suite C, Upland, CA 91786, (909) 579-8157*
- *Victor Valley Clubhouse, 12625 Hesperia Road, Suite B, Victorville, CA 92392, (760) 955-1777*
- *Someplace to Go, 32785 Old Woman Springs Rd., Lucerne Valley, CA 92356 (760) 248-1007*
- *Someplace to Be, 805 E. Mountain View, Barstow, CA 92311, (760) 256-5026*

www.sanbernardino-networkofcare.org